



LEARN ENGLISH

Find free English classes and support near you.



FIND COMMUNITY

Find groups, clubs and activities in your area.



STAY ACTIVE

Stay fit and healthy with your local gyms, pools and leisure centres

START HERE

A few important things to do when you arrive.



Register with a doctor (GP) and learn how the NHS works.



Join activities, meet new people and feel at home.



Find your school or college and get the support you need.



If you ever feel worried, help is always available.



Get a bus pass and learn how to travel around the North East.



Realise you are welcome here.

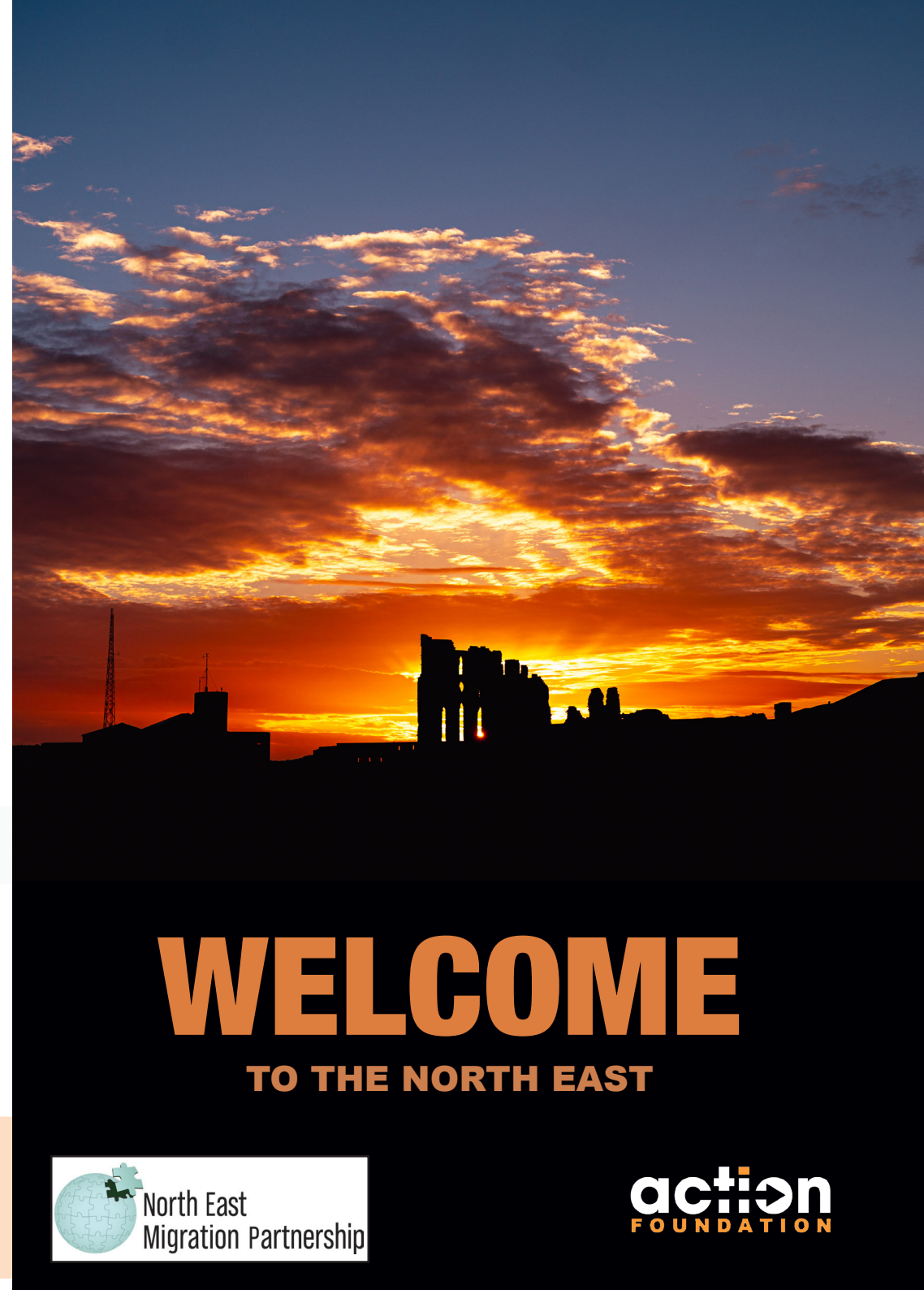


SCAN THE QR CODES TO FIND OUT MORE INFORMATION.

They will take you to helpful websites with more details in English and other languages.



In an Emergency call 999



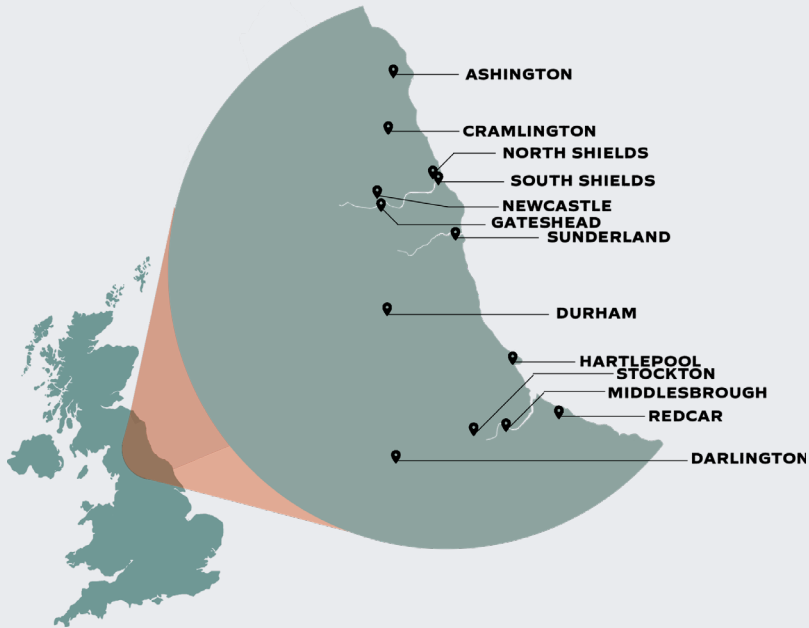
WELCOME

TO THE NORTH EAST



YOUR NEW REGION

Connected, diverse, full of opportunity.



Trains, buses, the Metro and ferries connect our cities, towns and coast.

“It is very nice, there are shops and college. The town is good and there are lots of people from my country”

“I like living in the North East because we have happiness here again”

WHAT YOU'LL FIND HERE



COMMUNITIES
People from many backgrounds live here.



PLACES TO BELONG
Places of worship, community groups and cultural spaces.



THINGS TO DO
Sports, parks, gyms, libraries and youth clubs.



ORGANISATIONS
here to help with housing, learning and more.



GREAT PLACES
Beaches, countryside, arts, music and local culture.

Find out about organisations in the North East which can help and support you.



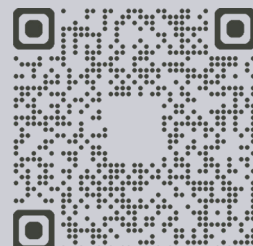
Action Foundation supports young people who are new to the North East.

“You can be safe and live the life”

Use this really useful hub for more information that might be helpful.



Our Welcome Guide is made for young people like you who are new to the area. It has information about local attractions and fun things to do, as well as what everyday life is like in the UK.



“My support worker is very good and helps me with everything”

Find out about the different areas in the North East and things to do.



While young people will be the responsibility for the local authority and get help with living in the UK, with their housing or placement and support will be provided for them, they could also be placed outside of the region if the local council does not have any housing or placements in their local area or nearby. Local councils try to avoid this so that your support can be closer to you, but this is not always possible.